

Anxiety  
Difficulty concentrating  
Constipation  
Diarrhoea  
Headaches  
Insomnia  
Migraines  
Water retention  
Pain in your joints  
Pain in your muscles  
Wheeze  
Abdominal bloating  
Chronic fatigue syndrome  
Depression  
Pain in your stomach  
Inflammatory bowel disease  
Itchy skin  
Weight control problems  
Hyperactivity disorder  
Irritable bowel syndrome